Why WHO's Focus on the International Classification of Functioning, Disability and Health

Alarcos Cieza, MSc, MPH, PhD World Health Organization, Head Quarters , Geneva

















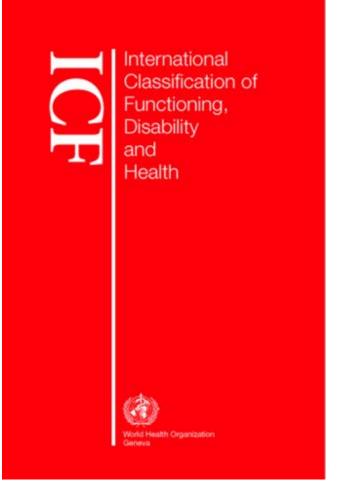


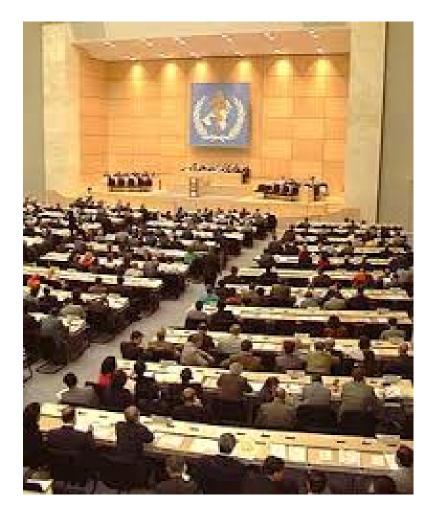






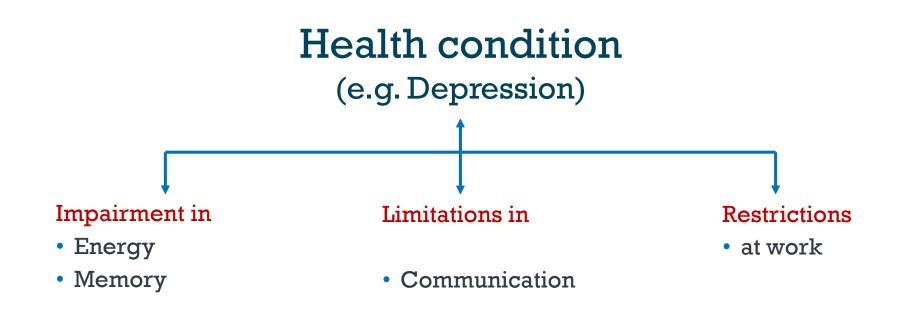
WORLD HEALTH ASSEMBLY WHA54.21 (2001)



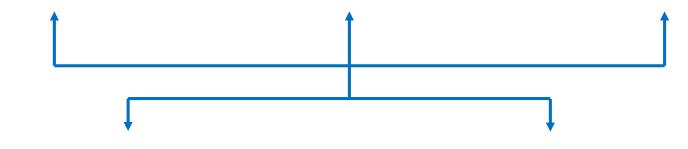


http://www.who.int/classifications/icf/en/

I discovered the ICF



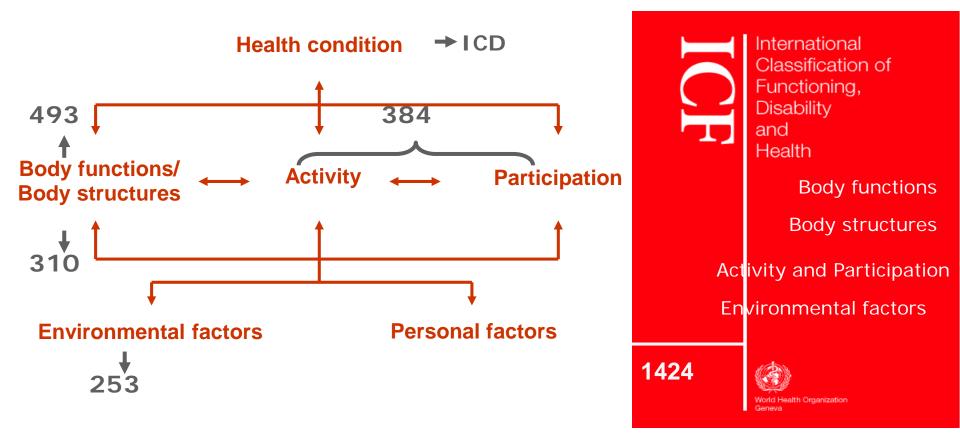




Environmental factors

(e.g. health care, supportive family and work place)

Personal factors



Model to understand functioning

Tool for description of functioning

For over 10 years the ICF was basis of my research

The ICF as basis for

- literature reviews and identifying research gaps;
- studying the content validity of outcome measures;
- developing outcome measures;
- linking information of surveys and comparing the health of populations from different countries;
- describing signs and symptoms patients and creating treatment plans;
- predicting health care costs;



WHO Head Quarters , Geneva

Health Information Systems

WHAT are Health Information Systems for?

• To inform indicators

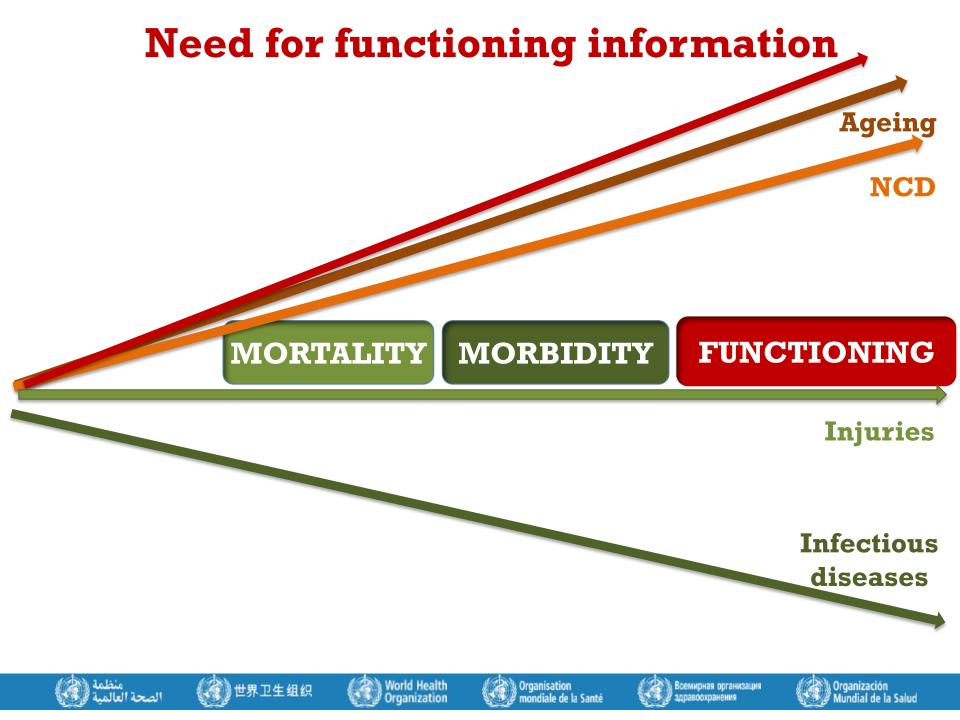
WHY are Health Information Systems relevant?

- Policy makers
 - Identify and respond problems
 - Allocate resources effectively
- Planners and managers
 - Design more effective services
 - Monitor and evaluate services
- Clinicians
 - Provide quality and evidence-based services

make evidence informed decisions .



Most countries in the world do not include functioning information or the ICF in their Health Information Systems At least 15% of the world population lives with limitations in functioning



Study 1

What does predict postoperative complications in older adults?

(Systematic review: 44 studies and 12,281 patients)

Predictors of complications:

Geriatric syndromes of frailty (OR=2.16) Cognitive impairment (OR 2.01) Depressive symptoms (OR 1.77)

Traditional prognostic factors were **not predictors:** Age, American Society of Anesthesiologists status

Watt, Tricco, Talbot-Hamon, Pham, Rios, Grudniewicz, Wong, Sinclair, Straus. Identifying older adults at risk of harm 19 following elective surgery: a systematic review and meta-analysis. BMC Med. 2018 Jan12;16(1):2



How good is functioning in predicting costs for patients with mood and anxiety disorders?

(Prospective cohort study, N=102)

Functioning predicts better the costs of care than traditional factors, such as diagnosis or symptoms severity.

Twomey, Cieza, Baldwin. Utility of functioning in predicting costs of care for patients with mood and anxiety disorders: a 20 prospective cohort study. Int Clin Psychopharmacol. 2017 Jul;32(4):205-212.

THE LANCET

Volume 388 - Number 10053 - Pages 1447-1850 - October 8-14, 2016

www.thelancet.com

The Global Burden of Disease Study 2015



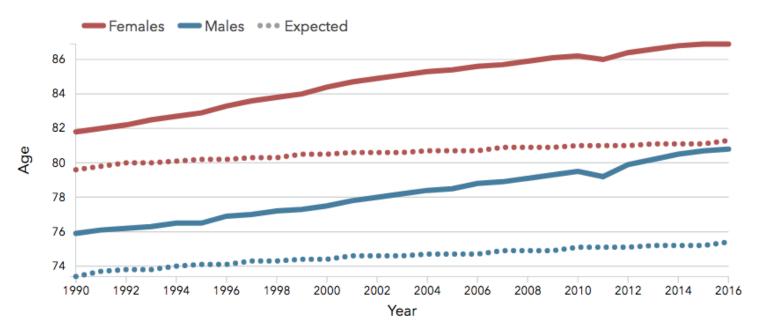
£5.00 Registered as a newspaper - ISSN 0140-6736 Founded 1823 - Published weekly

Top 10 causes of years lived with disability in Japan

- 1.Low back & neck pain
- 2.Sense organ diseases
- **3.Skin diseases**
- **4.Depressive disorders**
- **5.Diabetes**

- 6.Migraine
- 7.Falls
- 8. Other musculoskeletal
- 9.Oral disorders
- **10.Alzheimer disease**

How long do people live in Japan*?



Capacity

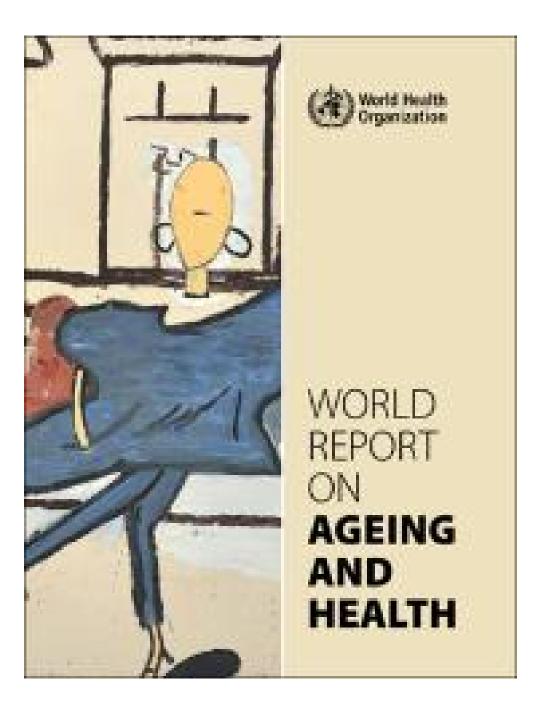


Performance/ Functional ability



Intrinsic capacity of the body

The outcome of the interaction with the environment



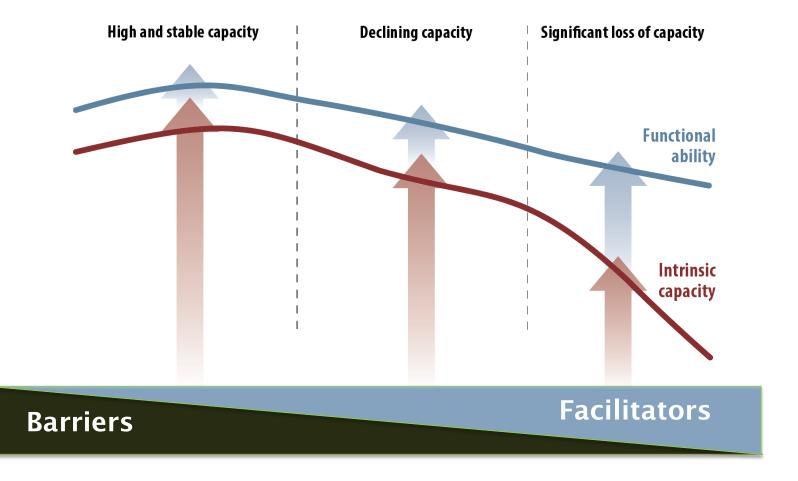
Healthy Ageing is the process of developing and maintaining the

functional ability

that enables well-being in older age

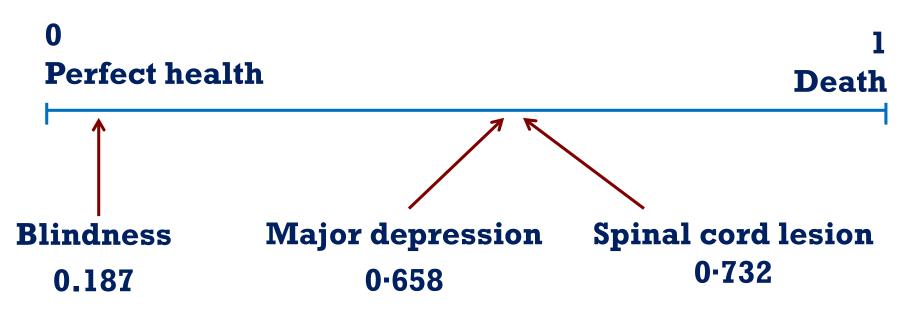


Environments influence capacity and ability (performance)



GBD is a 'synthetic' measure

- It is based in weights (values of burden) people give to health conditions
- Weights (values of burden) are not derived from persons experiencing the diseases



Summarizing

- The collection of functioning information is becoming increasingly important for making evidence informed decisions in health care
- The GBD provides useful but not sufficient information for health care decision making at country level

Sustainable Development Agenda













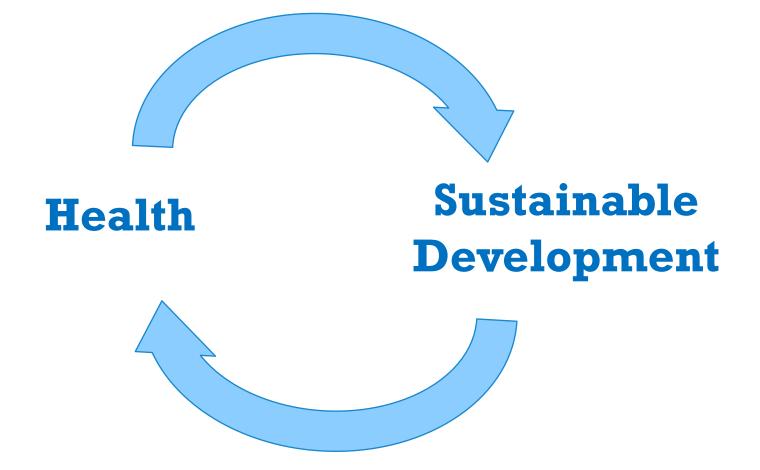
Organización Mundial de la Salud





Ensure healthy lives and promote well-being for ALL at ALL ages

Universal Health Coverage



Universal Health Coverage

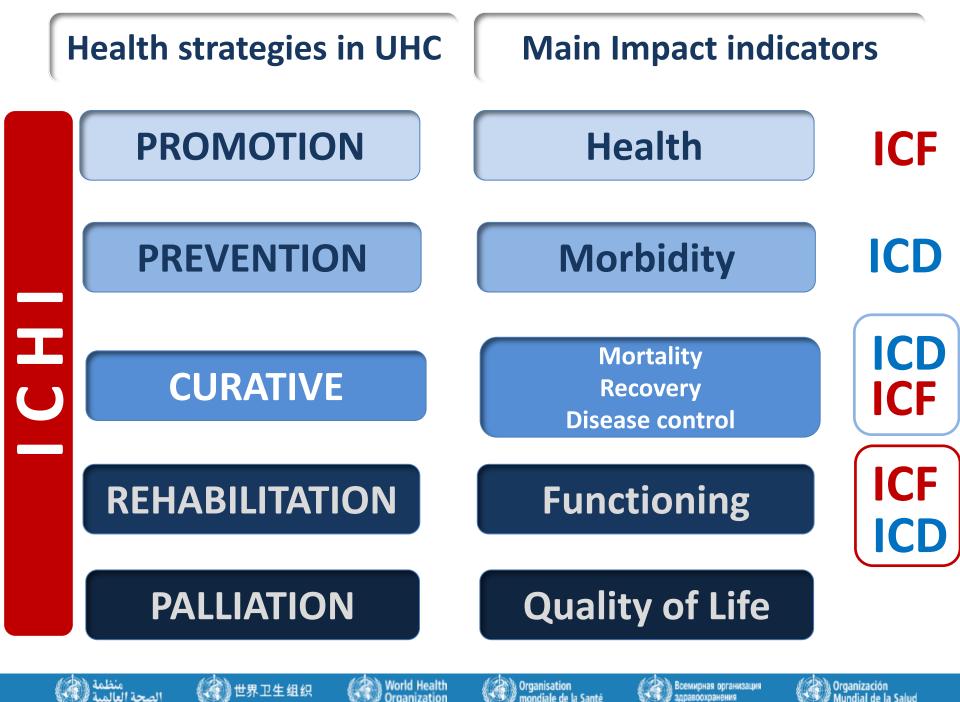
- Provision of high-quality, essential services for
 - Health promotion,
 - Prevention,
 - Treatment,
 - Rehabilitation and
 - palliation

according to need

• Protection from **financial hardship**, including possible impoverishment, due to out-of-pocket payments

3 Main WHO Classifications





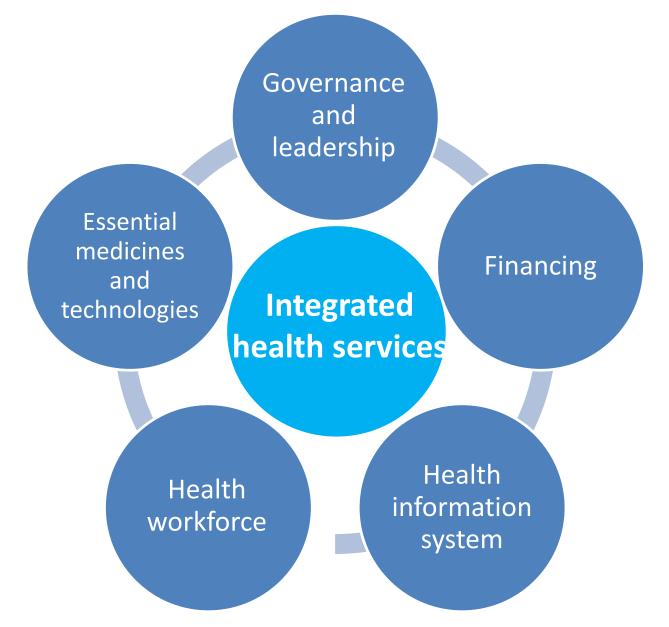
Integrated health services

Health services that are managed and delivered so that people receive

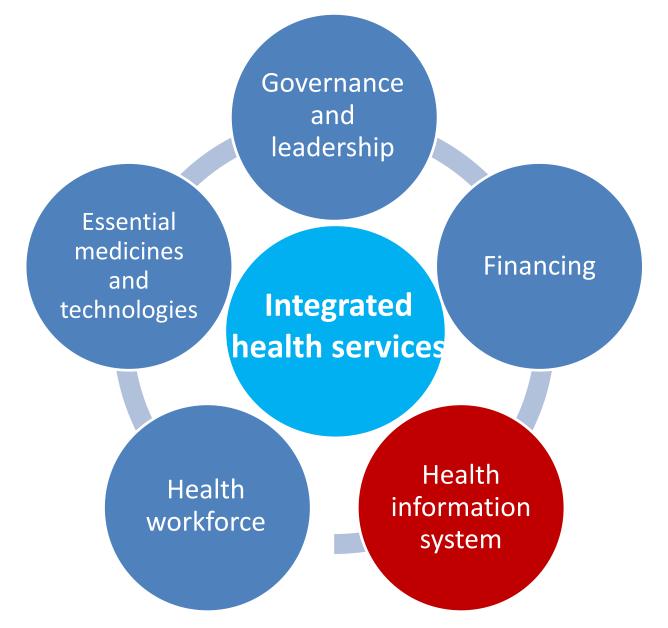
a continuum of health **promotion**, disease **prevention**, **diagnosis**, **treatment**, **diseasemanagement**, **rehabilitation** and **palliative care** services,

coordinated across the different levels and sites of care within and beyond the health sector, and according to their needs throughout the life course.

Strengthening the Health System

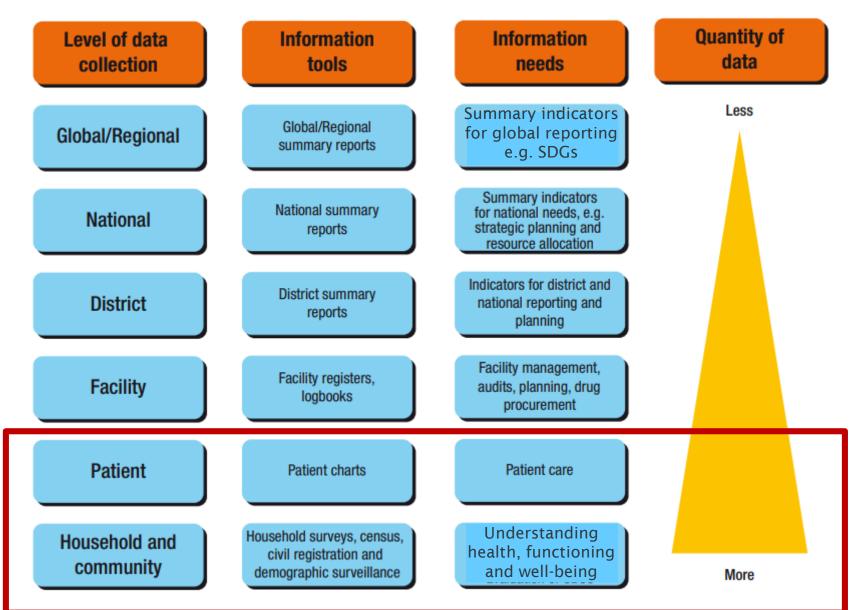


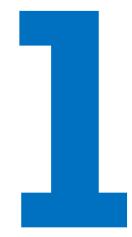
Strengthening the Health System



What does it mean strengthening Health Information Systems in relation to functioning?

Levels of data collection in HIS









Model Functioning and Disability Survey

Model Disability Survey

Capacity



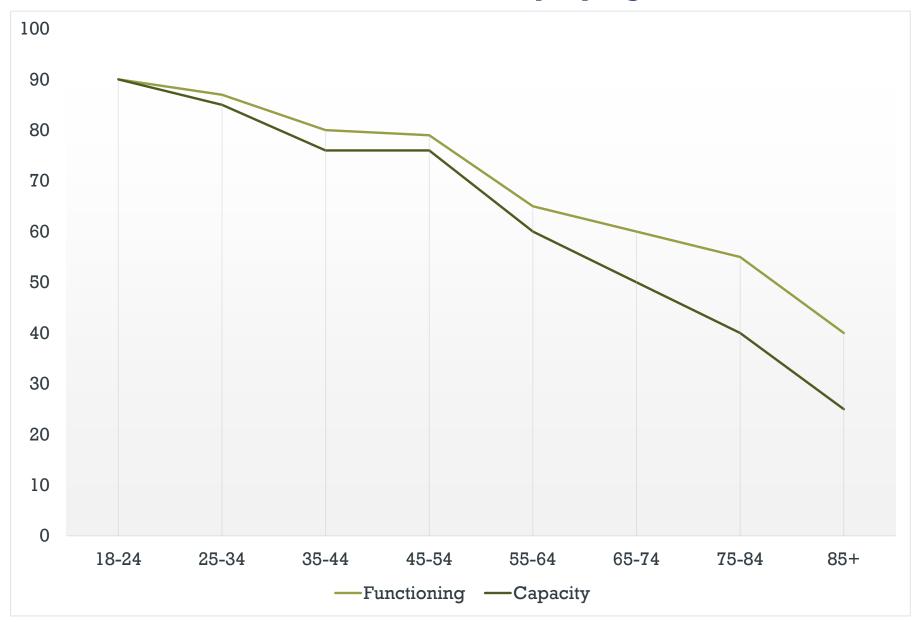
Intrinsic capacity of the body

Performance/ Functional ability

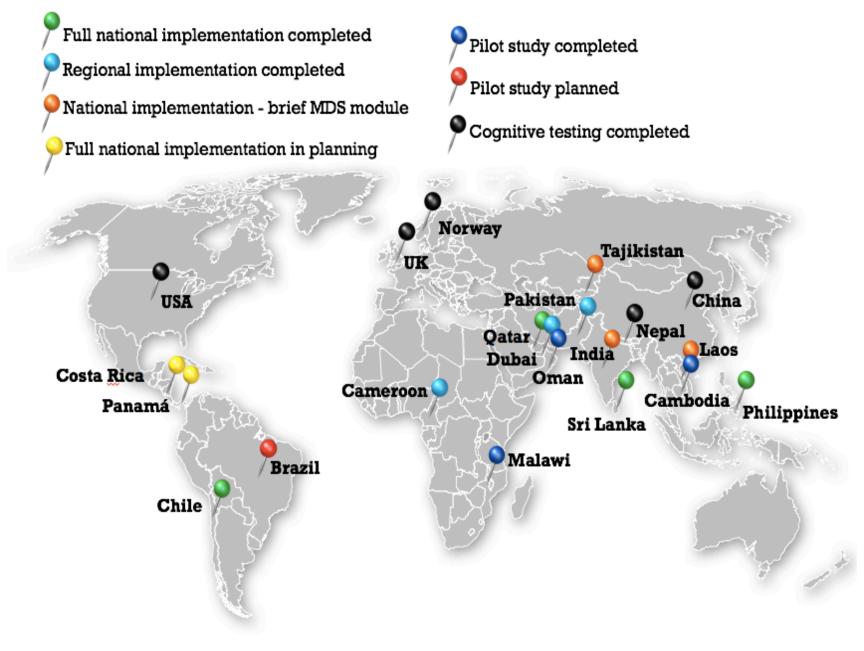


The result of the interaction of capacity with the environment and the person

Comparison between capacity and performance /functional ability by age.

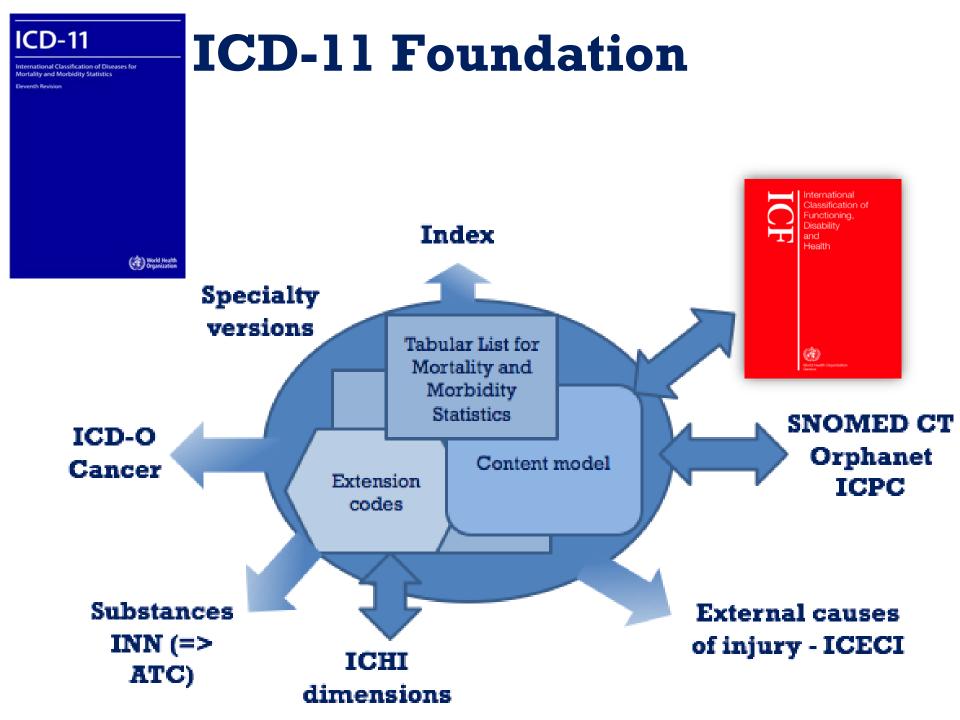


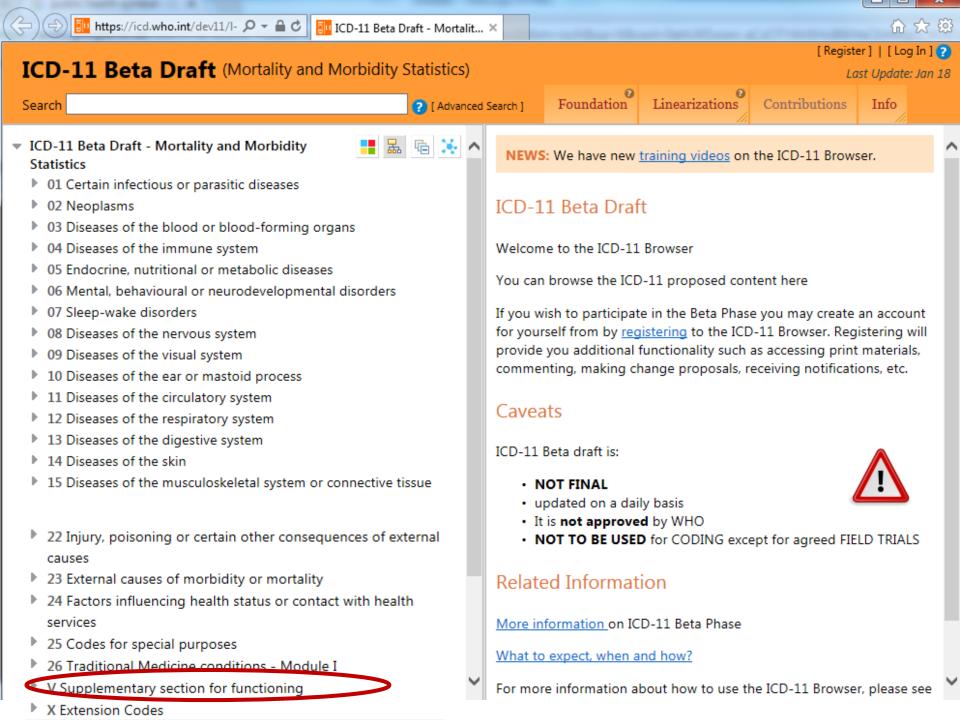
MDS - Implementations and testing



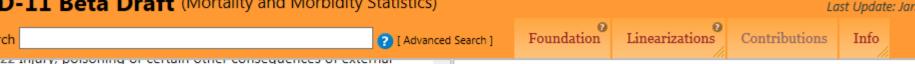








ICD-11 Beta Draft (Mortality and Morbidity Statistics)



causes

Search

- 23 External causes of morbidity or mortality
- 24 Factors influencing health status or contact with health services
- ► 25 Codes for special purposes
- 26 Traditional Medicine conditions Module I
- V Supplementary section for functioning
 - Mental functions
 - Sensory functions and pain
 - Voice and speech functions
 - Functions of the cardiovascular, haematological, immunological and respiratory systems
 - Functions of the digestive, metabolic and endocrine systems
 - Genitourinary and reproductive functions
 - Neuromusculoskeletal and movement-related functions
 - Learning and applying knowledge
 - General tasks and demands
 - Communication
 - Mobility
 - Self-care
 - Domestic life
 - Interpersonal interactions and relationships
 - Major life areas
 - Community, social and civic life Functions of the skin and related structures

Foundation Id : http://id.who.int/icd/entity/231358748

V Supplementary section for functioning

Description

The list of 47 entities is intended for assessment and scoring in the context of ICD - using ICF functioning domains of high explanatory power (ICF Annex 9).

命☆

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The categories are intended to be used as a set, the set has been defined in a way that general and domain specific summary scores can be calculated using the WHO Disability Assessment Schedule 2.0 (WHO DAS 2.0) or the WHO Model Disability Survey (MDS).

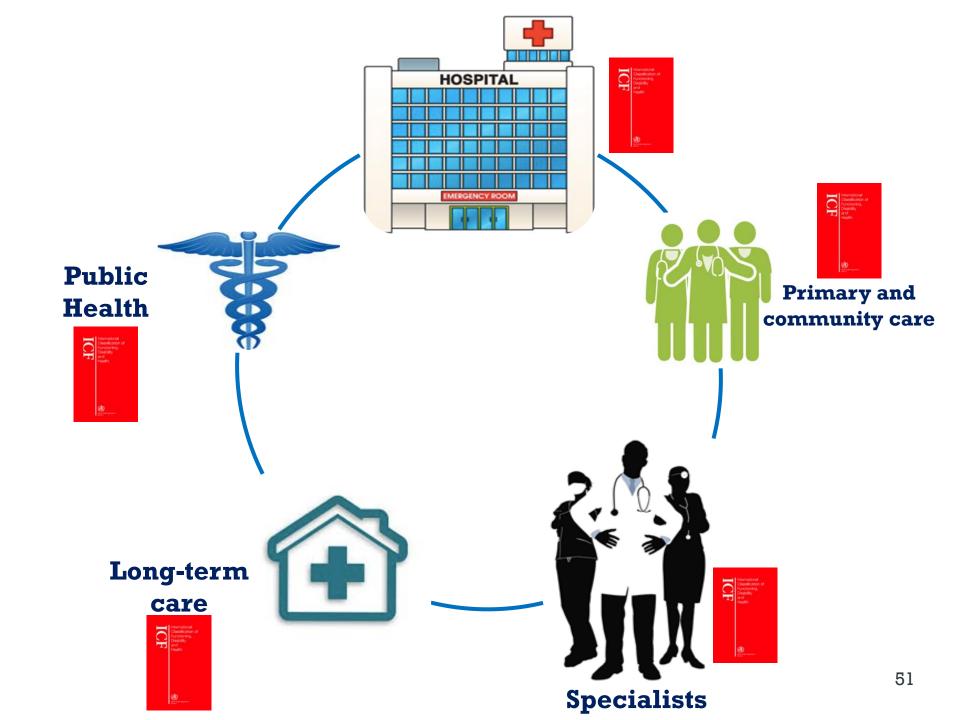
A questionnaire is provided with the ICD-11 Reference Guide. The questions for the individual items are also diplayed together with the individual items.

Exclusions

Eunctions of the skin and related structures *

All Index Terms

There are no index terms associated with this entity



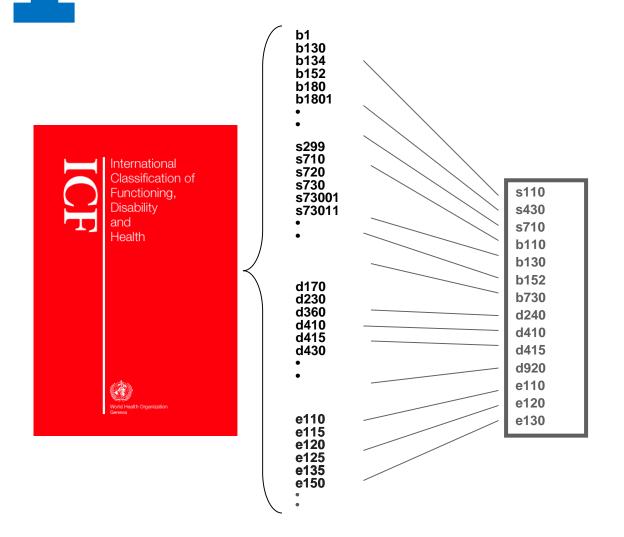


Nationwide implementation of ICF in rehabilitation



German Social Accident Insurance





2

For each ICF Category assessment instruments were selected

ICF code	Title
b152	Emotional functions
b265	Touch function
b270	Sensory functions related to temperature and other stimuli
b280	Sensation of pain
b710	Mobility of joint functions
b715	Stability of joint functions
b730	Muscle power functions
b760	Control of voluntary movement functions
b810	Protective functions of the skin
s120	Spinal cord and related structures
s720	Structure of shoulder region
s730	Structure of upper extremity
d230	Carrying out daily routine
d430	Lifting and carrying objects
d440	Fine hand use
d445	Hand and arm use
d5	Self-care
d6	Domestic life
d7	Interpersonal interactions and relationships
d840 - d859	Work and employment
e1	Products and technology
e3	Support and relationships
e5	Services, systems and policies

Brief ICF Core Set for Hand Conditions

TOUCH FUNCTION

In the screening, touch function is being assessed by using the Ten-Test. In case the Ten-Test indicates a problem, the amount of impairment is being rated by using the Moberg Test (object identification).

Moberg Test (object identification) Specific test

X

Material: Twelve small objects (as listed in the documentation example), timer

Performance: The patient is allowed to have a look at the objects beforehand. Afterwards the patient closes his/her eyes. One object is being placed in a box and the patients task is to identify and name the object by touching it with the fingers and hand without having a look at it. The needed to identify the object is being assessed. In case the patient does not identify one object, heis/he has to continue with another of the twelve objects. After that, the tasks have to be performed with the injured hand. The time needed to identify every object has to be recorded for both hands (in seconds, one decimal) and the difference between both hands is calculated.

Documentation example:

Moberg Test (object identification)"	Time in sec right hand	Time in sec right hand	Difference
a) Screw	1,5	1,7	-0,2
b) Key	1,4	1,4	0
<) Nad	1,4	1,5	-0,1
d) Bighexagon nut (diameter 1,2 cm)	1,7	1,6	+0,1
e) 10 cent coin	1,9	2,1	-0,2
f) Scentcoin	2,1	1,9	+0,2
g) Round washer (diameter 1,5 cm)	1,6	1,6	0
h) Safety pin (length 4 cm)	1,9	1,8	+0,1
 Paper clip (length 2,5 cm) 	2,0	1,9	+0,1
j) Small hexagon nut (diameter 0,8 cm)	2,2	2,2	0
k) Wingnut	1,9	1,8	+0,1
 Squared small nut (ength 1 cm) 	2,0	2,1	-0,1





Data entry into an electronic health record

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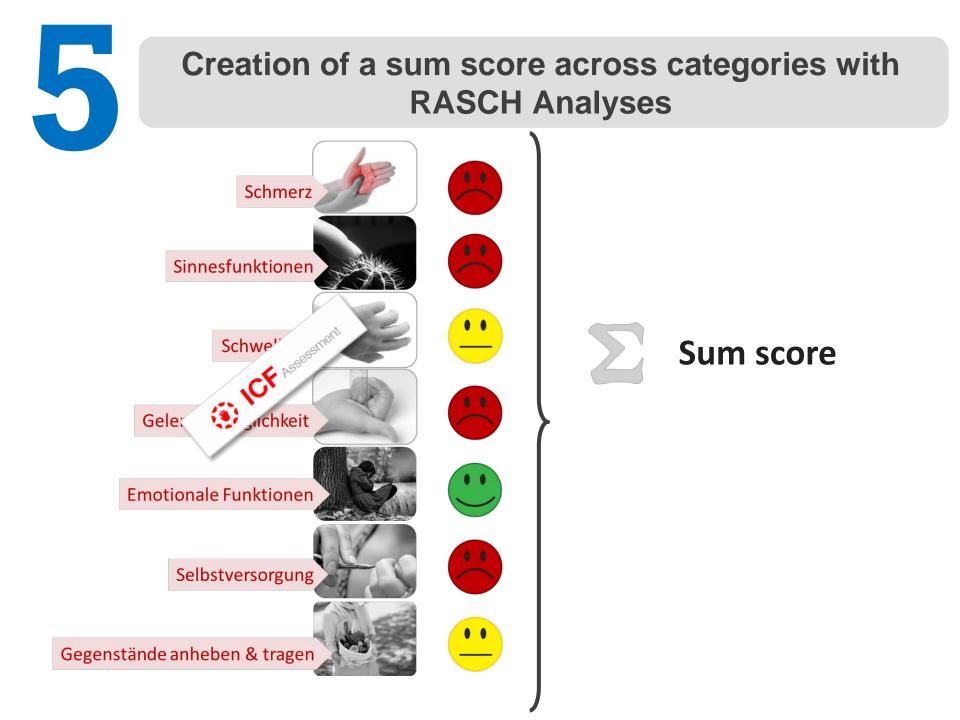


Standard reporting

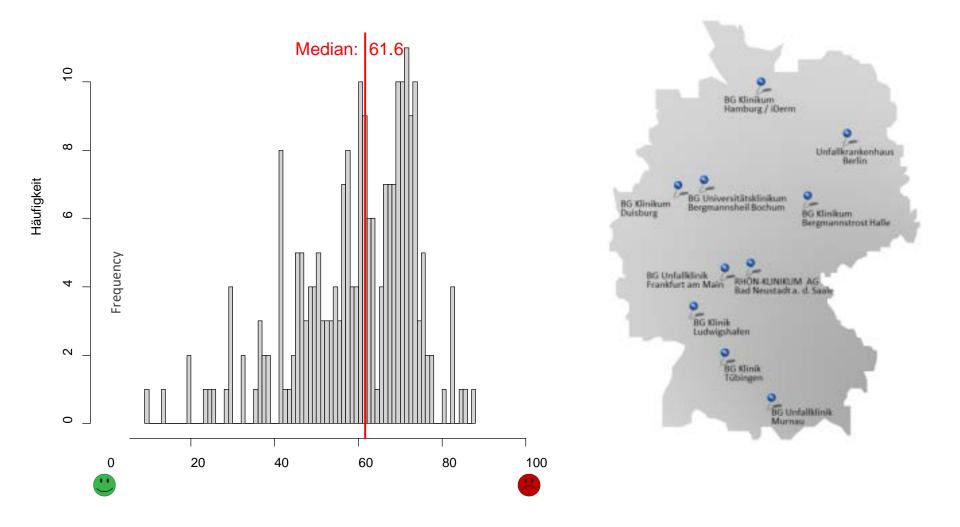
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We report on John, Doe u General information Inpatient since: Outpatient since: Outpatient since: Insurance Organization: Profession: Employer: Additional surgeries: Medication: Secondary diagnosis: Anamnestic information Day of the accident: Diagnoses: Affected Hand; Dominant hand:	15.06.2015 Name of the insurance Tool mechanics/trainee Example Employer No additional surgeries 	Activities & P
We report on John, Doe u General information Inpatient since: Outpatient since: Insurance Organization: Profession: Employer: Additional surgeries: Medication: Secondary diagnosis: Anamnestic information Day of the accident: Diagnoses: Affected Hand: Dominant hand: Description of the accider	15.06.2015 Name of the insurance Tool mechanics/trainee Example Employer No additional surgeries 15.06.2015 Persistent irritation of soft tissue / redness 3 rd digit after stump surgery left left-handed nt / course of the disease: ICD-10: S68.2	Activities & P
We report on John, Doe u General information Inpatient since: Outpatient since: Outpatient since: Insurance Organization: Profession: Employer: Additional surgeries: Medication: Secondary diagnosis: Anamnestic information Day of the accident: Diagnoses: Arffected Hand: Dominant hand: Description of the accider Amputation of distal phala	15.06.2015 Name of the insurance Tool mechanics/trainee Example Employer No additional surgeries 	Activities & P
We report on John, Doe u General information Inpatient since: Outpatient since: Outpatient since: Cutpatient since: Employer: Additional surgeries: Medication: Secondary diagnosis: Anamnestic information Day of the accident: Diagnoses: Affected Hand: Dominant hand: Description of the accider Amputation of distal phala initial treatment:	15.06.2015 Name of the insurance Tool mechanics/trainee Example Employer No additional surgeries 	Activities & P
We report on John, Doe u General information Inpatient since: Outpatient since: Outpatient since: Insurance Organization: Profession: Employer: Additional surgeries: Medication: Secondary diagnosis: Anamnestic information Day of the accident: Diagnoses: Affected Hand: Dominant hand: Description of the accider Amputation of distal phala Initial treatment: Stump surgery 3rd / 4th d	15.06.2015 Name of the insurance Tool mechanics/trainee Currently in: Paid employment Example Employer No additional surgeries No additional surgeries	Activities & P C C C C C C C C C C C C C C C C C C C
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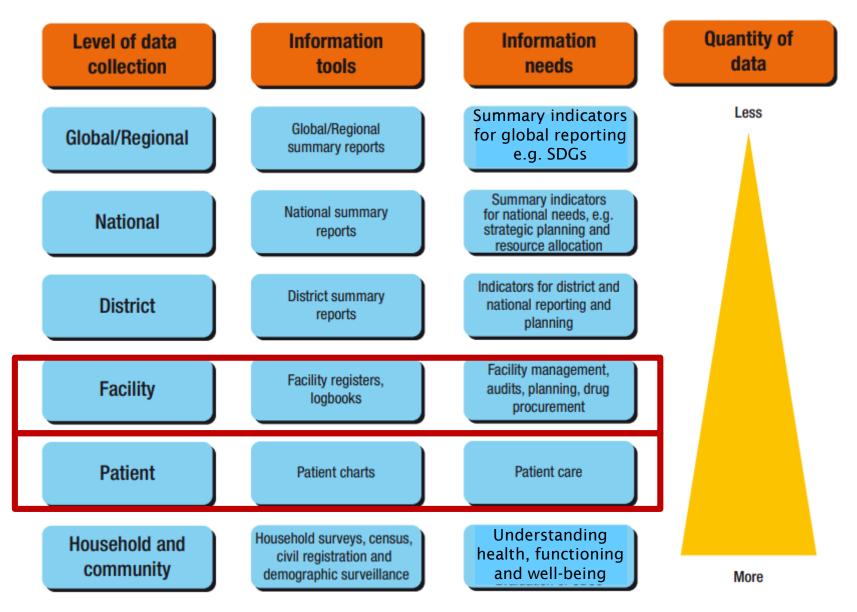
Report from: 15.07.2015 Doe, John, * 01.01.1990, 12345678								
Functioning status: 15.07.2015								
Last	exam	ination:	15.07.2015		-			
Patient statement: still painful – further medication reques								
, cru				provement no change	worsening			
Bod	y stru	ctures						
Amp	outatio	ns: Am	putation 3 rd digit, middle phalanx, left, stump	o surgery				
		Am	putation 4 th digit, middle phalanx, left, stump	surgery				
Bod	y fund	ctions						
			Swelling	<u>a</u>				
			Touch function					
			Sensory functions					
			Pain	Û				
		8	Mobility of joint functions	Û				
			Stability of joint functions					
		8	Muscle power functions	⇔				
			Control of voluntary movement functions	Û				
\odot			Protective functions of the skin	Û				
			Emotional functions	\Leftrightarrow				
Activities & Participation								
		8	Fine hand use	Û				
	0		Hand and arm use	Û				
Λ	0		Lifting and carrying objects	Û				
Þ			Carrying out daily routine	Û				
1	0		Self-care	\Leftrightarrow				
/	0		Domestic life	Û				
\odot			Interpersonal interactions and relation- ships					
		(3)	Work and employment	0				
				10				
	6							
	(-	$\mathbf{\nabla}$					
	fai	r	poor					
	iai		poor					



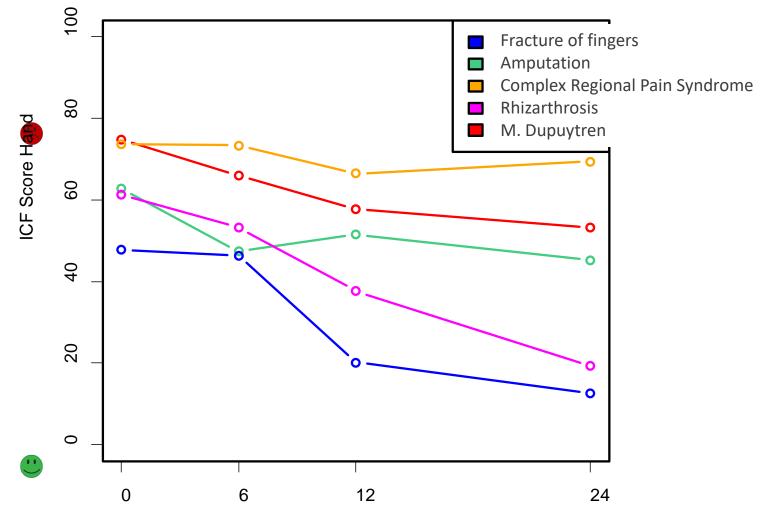
Aggregation of data at facility and national level



Levels of data collection in HIS



Change over time of single patients or groups



Weeks

It can be done

Look forward to hearing about your examples



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